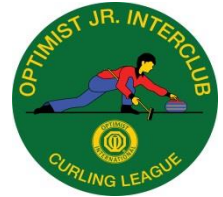


Optimist Junior Interclub Curling League

Divisions 2 & 3, sponsored by Envision Financial and Key West Ford

Hosted at the Langley Curling Centre

#114 - 19131 Ford Road, BC V3Y 2R5 * Phone: 778-988-4337 * Email: akersey@telus.net



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www.optimistjuniorcurling.ca

INFORMED CONSENT AND ASSUMPTION OF RISK

WARNING! THIS IS A BINDING LEGAL AGREEMENT.

By signing this document, you will waive certain legal rights, including the right to sue. Please read carefully and clarify any questions or concerns before signing this document.

As a participant in the sport of curling ("Curling"), and the programs, activities and events of the Optimist Junior Interclub Curling League (the "Curling Activities"), I, _____ (the "Minor Curler") and I, _____, Guardian of the Minor Curler (the "Guardian"), acknowledge and agree to the following terms.

Disclaimer

The insert club name and its directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facility, and representatives (the "Releasees") are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind that the Minor Curler may suffer during, or as a result of, Curling or any of the Curling Activities, whether caused by the negligence of the Releasees or otherwise.

Inherent Risks in Curling and Curling Activities

The Minor Curler and the Guardian acknowledge and understand that Curling and the Curling Activities have some inherent risks. The combination of physically active participants, heavy moving stones, sudden movement, physical exertion, a cold environment, and slippery surfaces, on or off the ice, may create conditions where the potential for physical injury to the Minor Curler is very high.

The Minor Curler and the Guardian further acknowledge that the Minor Curler is in good physical health and does not suffer from any known disability or condition which would prevent or limit the Minor Curler's voluntary participation in Curling or in any of the Curling Activities and that the Minor Curler's participation could result in injury.

The Minor Curler and the Guardian are aware:

That injuries sustained in Curling and the Curling Activities can be severe and include, but are not limited to, concussions, other head injuries, heart attacks, stroke, muscle strains, muscle pulls, muscle tears, general muscle soreness, broken bones, injuries to knees and other joints of the body, injuries to back;

That the Minor Curler's risk of injury is reduced if the Minor Curler follows all rules established for participation in Curling and in the Curling Activities; and

That the Minor Curler's risk of injury increases as the Minor Curler becomes tired.

Assumption of Risk

In consideration of the Releasees allowing the Minor Curler to participate in Curling and the Curling Activities, the Minor Curler and the Guardian acknowledge:

That the Releasees have strongly recommended that the Minor Curler wear a CSA-approved helmet designed for ice sports (the "Helmet") to limit the risk of concussion or other head injury (the "Helmet Recommendation");

That the Minor Curler is choosing not to wear a Helmet, contrary to the Helmet Recommendation, at the Minor Curler's own risk of injury; and

That the Guardian is permitting the Minor Curler to participate in Curling and the Curling Activities without a Helmet, or any other kind of protective head gear, contrary to the Curling Recommendation at the Minor Curler's own risk of injury;

In further consideration of the Releasees allowing the Minor Curler to participate in Curling and the Curling Activities, the Minor Curler and the Guardian agree to voluntarily accept and fully assume all risks, dangers and hazards and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from the Minor Curler's participation in Curling and the Curling Activities.

Photo and Social Media Release - Please initial this paragraph separately in the appropriate box*.

The Minor Curler and the Guardian give their respective permission for the free use of the Minor Curler's name, voice, and image in broadcast, telecast or written account of Curling and/or any of the Curling Activities.

***Agree**

***Do Not Agree**

Acknowledgement

The Minor Curler and the Guardian acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this agreement is binding upon themselves, their heirs, executors, administrators, and representatives.

Printed Name of Participant

Signature of Participant

Date of Birth
(dd/mmm/yyyy)

Printed Name of Guardian

Signature of Guardian

Date

Printed Name of Witness

Signature of Witness

Concussion Protocol & Helmet Recommendation

Best Practices for Avoiding and Dealing with Injuries and Concussions

In 2016, Curling Canada adopted a concussion protocol, which includes advice on headgear usage and a return-to-play policy following head injuries. The Curl BC Board will be studying the protocol in September 2016 with the aim of adopting similar guidance.

The Curling Canada document can be downloaded here:

[Safety First Concussion Protocol](#)

Helmet Recommendation

In 2017, Curling Canada adopted a recommendation that the following groups use helmets.

- o Children under 12
- o Anyone in a Novice or Learn to Curl program
- o Coaches for U12 (so that the youth model behaviour)
- o Anyone who has reason to think that they could be vulnerable (limited mobility, elderly, on medication).

The recommendation for curling centres in BC is to:

* Ensure a waiver system is re-introduced and updated if required.

To assist with that, Curl BC Participation Manager Melissa Sim has created two types of waivers which your curling centre is welcome to use. Centres should be aware that waivers should be signed every year and should not be considered ongoing, as this could result in your centre not having the proper protection.

[Template Adult Waiver](#)

[Minor Curler Informed Consent and Assumption of the Risk](#)

For more information contact Melissa Sim at msim@curlbc.ca or 604-333-3620.